

# SCOTTISH RELAYS 2008

Sunday 25 May 2008 at Tullochroisk

## General Information

The Relays are being held on the same area as the Individual. There will be a string course on the day. All courses have 3 legs.

Competitive teams will comprise 3 members of the same club. Non-Scottish clubs are eligible. Teams comprising members of different clubs will be non-competitive, except for "alliances" of neighbouring clubs (see below). Teams comprising competitors of inappropriate age class, or with runners running more than once, may take part but will be non-competitive.

Any combination of sexes and ages is allowed. All senior classes start together and the handicap winners will be the first team from any of classes 3 - 7 to finish. Juniors and 21s may also compete in the "veteran" handicap. Each team member in the handicap is allotted points as follows:

Handicap points											
M14-	6	W14-	6	M35	1	W35	3	M60	6	W60	8
M16	4	W16	5	M40	2	W40	4	M65	7	W65	9
M18	2	W18	4	M45	3	W45	5	M70+	8	W70+	10
M20	1	W20	3	M50	4	W50	6				
M21	0	W21	2	M55	5	W55	7				

## Classes

CLASS	TITLE	LEG DETAILS		
1	Men's Open	A	A	A
2	Women's Open	B	B	B
3	Handicap: 6+ points	A	B	C
4	Handicap: 9+ points	B	C	C
5	Handicap: 12+ points	B	D	C
6	Handicap: 15+ points	C	D	C
7	Handicap: 18+ points	D	D	C
8	Junior: Total BOF age 48-	LG	O	LG
9	Junior: Total BOF age 40-	Y	Y	O

Courses A, B, C and D will be TD5 standard with an estimated winning time of 35 min for good M21, W21, M50 and M65 respectively. LG, O and Y correspond to the colour coded system. Teams may run in a longer class if they wish. Weak teams may run in a shorter class but will be non-competitive.

Ad hoc teams and alliances of neighbouring clubs may be accepted though a team which appears much stronger than their likely competition will be non-competitive.

Typically, two neighbouring clubs will be allowed to compete as an "alliance" if they have insufficient competitors to make a full team. This may include e.g. the only 1 or 2 juniors in a club with many adults. "Neighbouring" will be interpreted flexibly for far-travelled clubs.

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## Fees

Fees for courses 1 - 7 are £18 per team. Fees for courses 8 and 9 are £9 per team. Cheques payable to: "Roxburgh Reivers - SOC2008".

## Electronic Punching

SportIdent will be used. Each runner must use the SportIdent card declared at relay registration. SportIdent cards must **NOT** be exchanged between runners or used for more than one relay run. If any competitors do not have their own SportIdent card and have not already hired one for the individual competition, they can be hired just for the Relay.

**Closing date for entries: 12 May 2008.** Any entries received after this date will depend on availability of maps. No EOD.

## Entries:

Entries via Club Secretary/Captain to: David Kershaw, 9 Bright's Crescent, Edinburgh, EH9 2DB.  
Tel: 0131 667 4670. E-mail: david\_kershaw@blueyonder.co.uk

<b>Club Details</b>	(Short Name)		Club Name	
			Country	

<b>Contact Details</b>	BOF Number		Name Address	
	Tel.no			
	e-mail			

Class	Title	Team Name (20 characters maximum )	Fee £	Official Use
5	Handicap: 12+ points	ESOCKs	18	<i>sample entry</i>
<b>TOTAL FEE £</b>				

Please attach a continuation sheet if necessary.